

JUNE NEWSLETTER 2025

Celebrating Volunteers Week!

As part of **#VolunteersWeek**, Fulham Good Neighbours is proud to recognise the commitment and care our volunteers bring to supporting older people and those with disabilities in Fulham.

Here's what some of our volunteers had to say about their experiences:

'It has been such a wonderful and fulfilling experience to meet people and hopefully help them along the way. I would recommend volunteering to anyone who is thinking of applying.' - Jill (GNS volunteer)

'I've enjoyed getting to know the beneficiaries and forming a genuine bond with them.' - Joe (DI volunteer)

'It is rewarding to feel that you are giving back to the community and giving support to someone in need at the same time.' - Margaret (GNS volunteer)

'Surprisingly, it's fun.' - Lyn (Befriending/GNS volunteer)

Without volunteers, our mission 'to create an inclusive community where neighbours look out for one another' wouldn't be possible.

To all our volunteers, thank you for your time, care, and commitment. We appreciate you more than words can say.

Interested in volunteering?

Contact us on
info@fulhamgoodneighbours.org.



President: The Mayor of
Hammersmith & Fulham



June 3rd 2025

Social Clubs Timetable

Monday

11:00am - Digital Support
2:00pm - Chair-Based Exercise

Tuesday

10:00am - Art
1:00pm - Silver Lunch
(monthly at Lillie Langtry,
Fulham Fish Bar, & Elephant
& Barrel)

Wednesday

1:00pm - Wednesday Lunch

Thursday

11:00am - Reading
1:00pm - Choir
3:00pm - Chair-Based Exercise

Friday

11:00am - Textiles Workshop

Information

Silver Lunch at **The Eight Bells** will resume in July on the first Tuesday of every month.

For more information
contact Ruth George on
07701 238177 or the office
on 020 7385 8850.

Techy Tea Party!

We were thrilled to host the second of four **Techy Tea Party workshops** at **Sands End Community Centre**, part of our **Switch On Fulham** series – an initiative designed to reach more older and those with disabilities residents through friendly, one-to-one digital support.



This wouldn't have been possible without the Digital Support Grant from **H&F Giving** through the Digital Support Grant, **Good Things Foundation** through their laptops, and **Elsevier** via the facilitating volunteers to support the workshop.

Missed this one? Here are the details for the next workshop:

Where? Clem Attlee Community Hall (21 Len Freeman Pl, Clem Attlee Court, SW6 7TN)

When? Tuesday, 17th June 2025

Time? 12:00 PM – 3:00 PM

Our friendly volunteers can assist you with:

- ✓ Phone, tablet, laptop, digital enquiry
- ✓ Sending emails & texts
- ✓ Making video calls
- ✓ Online shopping & accessing services
- ✓ Booking GP & NHS appointments
- ✓ Staying safe online



No need to book—just drop in! Whether you need help with the basics or just have a quick question, we'd love to see you.

Eastbourne Trip

Fulham Good Neighbours is pleased to organise a day trip to Eastbourne for the third year running for our beneficiaries.

Priority will be given to members who regularly attend our social clubs.

- **When?** Wednesday 20th August 2025
- **Timings?** We will depart at 8:45am from opposite Elephant and Barrel (please arrive by 8:30am). We will leave Eastbourne at 5:00pm, returning at approximately 7:00pm.

For bookings or more information, please speak to staff or contact Ruth George.



Volunteer Corner

FGN offers online Mobile Handling and Ladder Safety Training, contact Steve or Barney for access.

If you are concerned about a beneficiary, please call 020 7385 8850 or if you are unable to reach a staff member call LBHF Adult Social Care on 0800 145 6095 (8.45 to 5pm, Monday to Friday). Outside office hours contact 020 8748 8588, email

safeguardingadults@lbhf.gov.uk raise a safeguarding alert by completing and sending in this form.

[H&F safeguarding adults at risk concern form 58.68KB](#)). In an emergency please call 999.



Support the Parsons Green Fair

Happening on Saturday 5th July 2025!

The Parsons Green Fair returns on July 5th, with all profits going to Fulham Good Neighbours.

How to Help:

- Host an advertising board outside your home — sponsor John D Wood will donate £25 per board, raising vital funds for our work.

Boards go up the week of 17th June and come down after the Fair. Homes must have a front garden or railings.

- Volunteer as a fair Marshall

Interested?

- Email: nickysansom@parsonsgreenfair.org with your name and address.

Contact Nicky Sansom: 07715 493 037



Contact us

- ☎ 020 7385 8850
- ✉ info@fulhamgoodneighbours.org
- 🌐 www.fulhamgoodneighbours.org
- 📍 70 Rosaline Rd, London, SW6 7QT

Social Media

- 🐦 [fulgdneighbours](#)
- 📷 [fulhamgoodneighbours](#)
- 📘 Fulham Good Neighbours
- 📺 Fulham Good Neighbours Service

PARSONS

GREEN

FAIR

**5th
JULY
2025**
11.00-5.30

SPONSORED BY



MARSTON
ESTD 1928 PROPERTIES LTD

SUPPORTING



Fulham
Good Neighbours

FREE ADMISSION

@FulGdNeighbours
#ParsonsGreenFair

Fulham Good Neighbours support older & disabled neighbours in their home & garden, in the community, and with digital support. Let us know if we can support, or if you would like to volunteer!

**We don't charge
for our services.**

020 7385 8850



**FULHAM GOOD
NEIGHBOURS
SINCE 1895**

For 129 years Marstons has been cherishing the fabric of Fulham, providing characterful spaces in which to live and work in SW6. Our green environment is important to us too, visit the Tiny Forest on Eel Brook Common.
www.tinyforest.earth-watch.org.uk

MARSTON
PROPERTIES



Riverstone

JOHN D WOOD & CO.

Handelsbanken